1982-83
Annual Report

SOURIS VALLEY REGIONAL CARE CENTRE

"We Care For Your Health . . . Do You?

The Health Service We Provide

Souris Valley Regional Care Centre operates as a Level IV care facility with a budgeted bed capacity of 300. The Centre provides long term supportive and restorative care for persons of all ages who do not require acute hospital care and treatment, but do require regular and continuous medical attention and nursing care on a 24 hour basis. Supplementing medical and nursing care are inputs from the Therapy and Social Work Departments.

Souris Valley Regional Care Centre is the regional referral centre for the Weyburn Estevan Health Region and does the screening for all Level IV admissions in the region.

SOURIS VALLEY REGIONAL CARE CENTRE

Box 2001
Weyburn, Sask.
S4H 2L7

June 1983.

Honourable Mr. Graham Taylor,
Minister of Health,
3475 Albert Street,
T.C. Douglas Building,
REGINA, Saskatchewan.
S4S 6X6

Dear Mr. Taylor:

It is my pleasure to present to you, the Annual Report of the Souris Valley Regional Care Centre.

This report covers the period April 1, 1982 to March 31, 1983.

Respectfully submitted,

Mrs. Mildred Lang,
Chairman of the Board,
Souris Valley Regional Care Centre.

Continuous Service Awards

Ten Years
Jeannette Callan, Art Castle, Monika Phillips, Eleanor Sandeski, MaryAnn Bajcic, Alfred Fellner, Judith Ruckaber

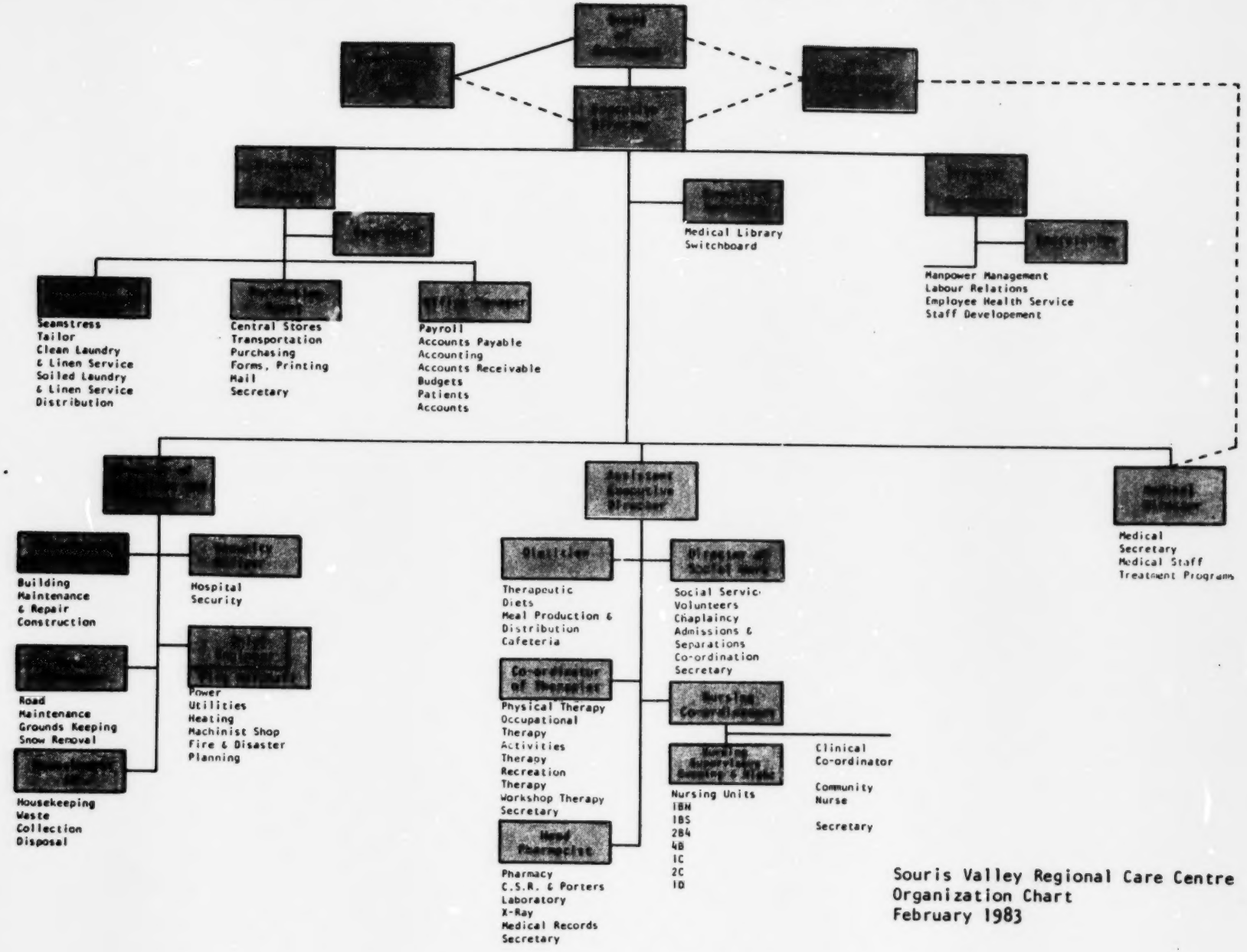
Fifteen Years
Nora Dube

Twenty Years
Alberta McKenzie, Nicole Court

Twenty-Five Years
Edna Lix

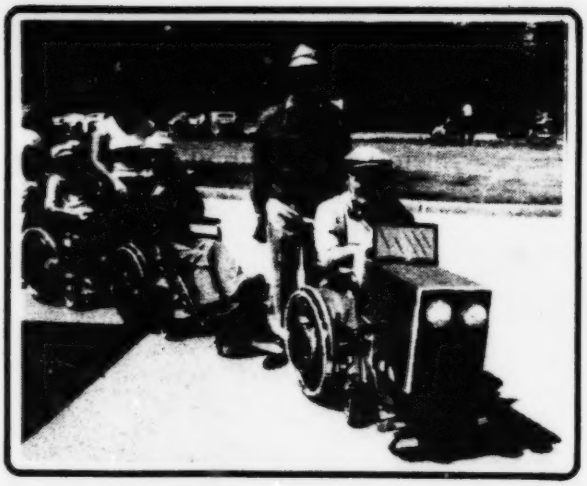
Thirty Years
Stanley Sheppard, Joseph Robillard, Arthur Eisbrenner, Delmar Bavle

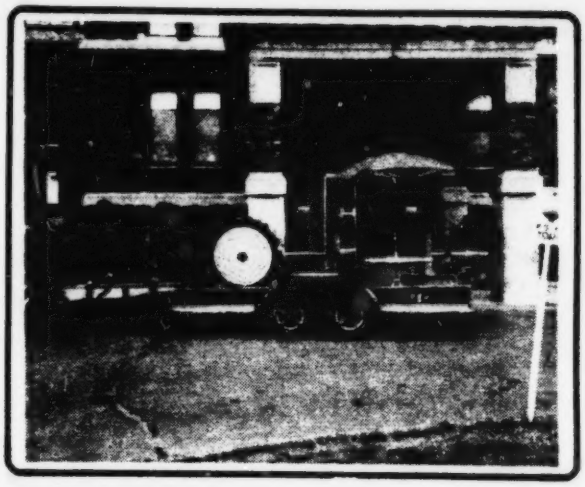
Souris Valley Regional Care Centre Organizational Chart



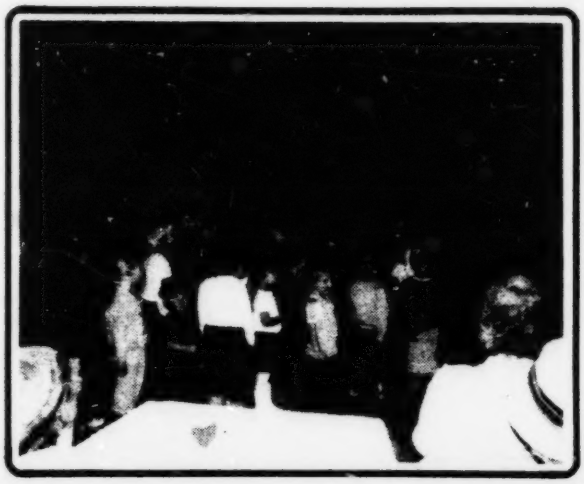
Souris Valley Regional Care Centre
Organization Chart
February 1983

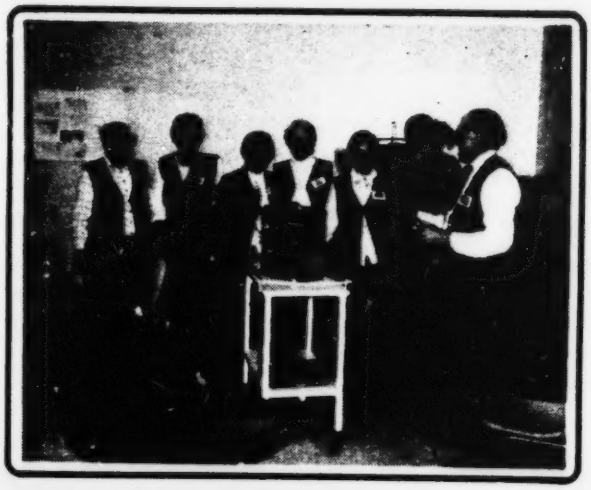
The Souris Valley Centre is a Real, Live Community



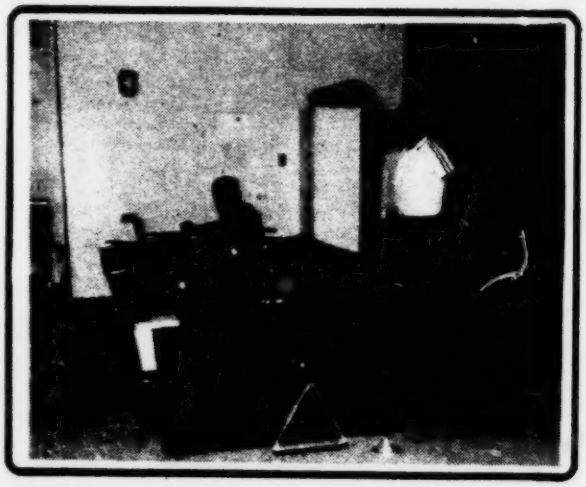


Gala events and celebrations for residents are common place.

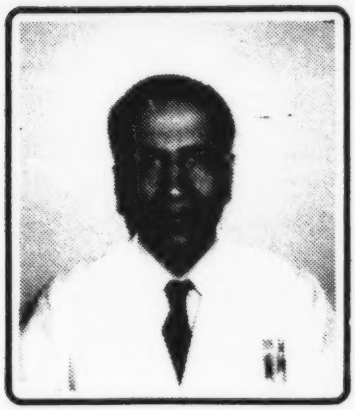




Children, as well as adults, provide volunteer service.



Recreation facilities and activities abound.



Dr. M.B. Juma — Medical Director

The Medical Department, which is staffed by two full-time physicians, experienced the highest admission numbers since 1975, totalling 79 patients in 1982. Twenty-one patients were eventually discharged to private and nursing homes. Fifty-two deaths occurred during the year, with most of them related to the advanced age of the patients admitted to our Centre and the multiplicity of their physical problems. Seventy-six patients were transferred to level VI facilities for acute care, and of this number, thirteen patients expired.

To date, eleven physicians and consultants have applied for and received courtesy privileges. We are fortunate to have access to two Regina based specialists, one being a dermatologist, the other a podiatrist. Our dental clinic continues to function forthrightly for the benefit of our wheelchair patients.

1982-83 was a busy but enjoyable year.

Housekeeping:

In addition to the Souris Valley Regional Care Centre, the Housekeeping Department provides housekeeping services to the Weyburn Psychiatric Centre, Wascana Institute of Applied Arts & Sciences, and the South East Community College. By utilizing effective procedures and reputable products for cleaning and waste disposal, the Housekeeping Department has been able to keep the bacterial count within the acceptable limits. To add another dimension, housekeeping staff continued to attend seminars, educational courses and attended scheduled department meetings throughout the year.

Purchasing:

A total of 1,713 orders were processed during the past year with a value in excess of $1.5 million dollars. A very positive action taken at the Centre was joining the S.H.A. Group Purchasing Plan. Our entry into the field of adult disposal briefs has been a boom to other areas such as nursing and laundry in the management of incontinent patients. The new logo adopted for our facility has increased the workload in the printing room with the changes needed on many of our forms and documents.

Clerical:

The 20 members comprising the Clerical Group contribute a wide variety of skills and talents which assist in the smooth functioning of this facility. Without their expertise in office procedure, clerical skills, artistic skills, handling of financing, greeting and assisting the public, transforming material into the finished product . . . this facility would not function as efficiently or effectively.

Patient Care

Miss V. Kew
HEAD NURSE 4B UNIT

Mrs. M. Robins
HEAD NURSE 1BS UNIT

Mr. D. Neilson
HEAD NURSE D UNIT

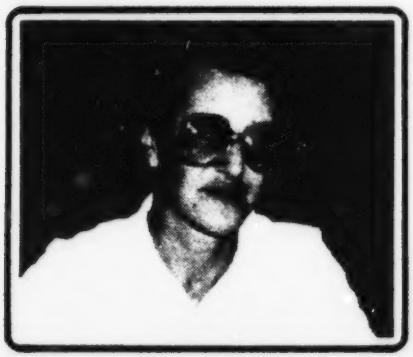
Nursing:

With a professional nursing staff very near compliment for most of the year, the extra work created by an ever aging population has handled adequately if not with complete ease.

Environmental upgrading took place in several nursing units, where purchases of new furniture, beds, bedside tables, privacy drapes and individual bulletin boards is a reflection of the normalization movement afoot in the Centre. The patient call system installed on two units, allows patients to make contact with the nurse in a direct and immediate way. It also enhances nurse to nurse communication, which ultimately increases the quality and efficiency of care delivery.

Nursing Education:

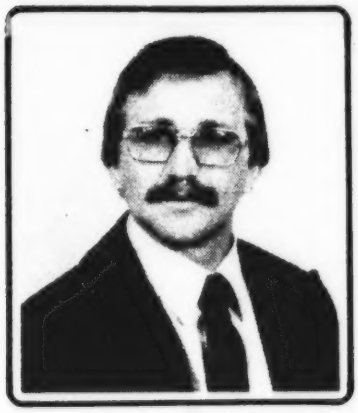
In the promotion of the philosophy and objectives of the Centre, as well as the education needs of the nursing staff, the Nursing Education Department busied itself in the following ways: First, 109 new nurses aides and 17 new professional nurses were recipients of orientation classes. Secondly, weekly inservice classes drew on the average of 10-15 employees per session, and thirdly, the introduction of the Special Care Aide Course witnessed a student count of 33 enrolled in the course.



Mrs. A. Ley
HEAD NURSE 2C UNIT

Mrs. G. Orr
HEAD NURSE 1C UNIT

Finance Department



Mr. Warren Wallin, Director of Finance

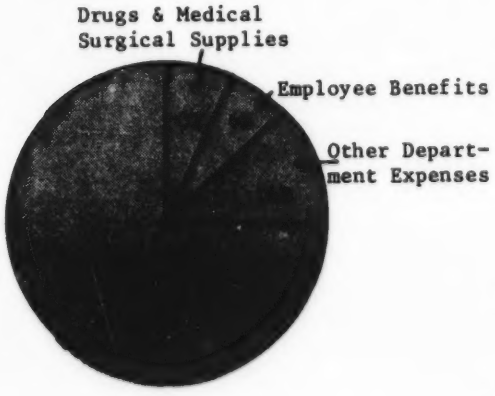
This past year has been a very interesting and challenging one for the Finance Department.

On September 1, 1982, we officially entered into an integrated computer system offered by the Manitoba Health Organization Inc. Payroll, Accounts Payable, General Ledger and Financial Reports are now being computed by the new system and to date we have been very pleased with the service and product we are receiving from the system.

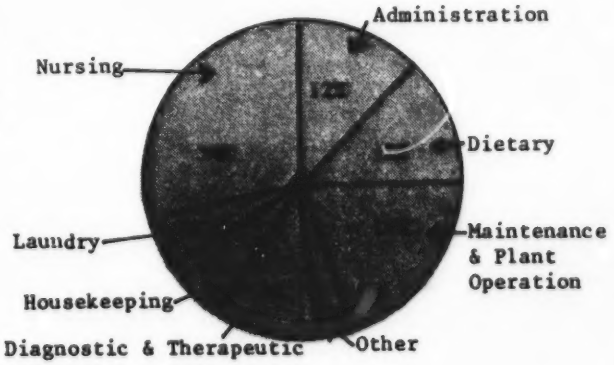
Conversion to the new system has not gone without its trials and tribulations and more of those are expected in the upcoming year as we progress on the system. Presently we are on a "batch" system, in that we send all our information to Winnipeg for key punching, however our goal for this year is to obtain our own terminal on the system, giving us the capability of doing all the processing and printing on site.

In our fiscal year April 1, 1982 to March 31, 1983 our approved budget amounted to 11.2 million dollars. The following is a general breakdown of expenditures for the year.

By Expense:



By Department:



Social Work:

The Social Work Department continued to provide services in three distinct areas. A primary role lies with the processing of admission applications which includes doing assessments, social histories and providing counselling services. Meeting the needs of the in-patients both materially and spiritually is also strived for. Making this possible are the efforts of the Social Workers, the Personal Service Workers, the Co-ordinator of Volunteers and her recruits, and the members of the chaplaincy. Discharge planning and follow-up for potential and discharged patients are also important functions carried out by the Social Work Department.

Noteworthy accomplishments during the past year were: the establishment of a botany group (green group), the implementation of a patient centered audit, the setting up of a pastoral care committee, and the relocation of the hairdresser shop to a new and renovated site.

Volunteer Services:

Making their usual important contributions to the quality of care in this Centre were 89 individual volunteers and 25 groups, totalling 349 persons in all. These volunteers donated 4,700 hours of service and were greatly appreciated by the residents.

Personal Services:

Working in close co-operation with the nursing staff, the personal service workers assist individual patients in meeting their needs, such as shopping for clothing and other personal articles, and arranging for hair dressing services. During the past year 2,621 purchases were made by our Personal Services Workers for a total value of $39,805.40.

Day Hospital Committee

Day Hospital

The activities and statistics for 1982-83 indicate that the Day Hospital services rendered are demanded on a constant and continuous basis. Plans, therefore, have been developed to formalize the service, and work on objectives, policies and procedures has commenced.

Day Hospital Statistics:

Hours in Day Hospital
Meals
Physical Therapy Visits
Occupational Therapy Visits
Activity
Bath
Hair Wash
Nails Trimmed
Weighed
Whirlpool Treatment
Socializing
Hair Set or Perm
Blood Pressure
Dressings
Orientation
Walking
C/O Wheelchair (Repairs)
Leg Exercises
Catheter Changes
Ears Syringed
Arm Exs.
Colostomy Changed
Visit Down Town

Health Care Statistics

	[illegible]	[illegible]	1980-81
Admissions:			
New Admissions	64	71	35
Readmissions	5	8	5
Total Admissions	69	79	40
Separations:			
Discharges	17	23	18
Deaths	40	33	27
Total Separations	57	56	45
Patients on Register April 1st	298	286	300
Total Admissions	69	79	40
	367	365	340
Total Separations	57	56	45
	310	309	295
Patients Discharged to Active Treatment Hospitals	82	63	77
	228	246	218
Patients Readmitted from Active Treatment Hospitals	66	52	68
Patients on Register March 31st	294	298	286
Levels of Care at March 31st: 4A	136	141	137
4B	139	138	129
4C	19	19	20
Total	294	298	286
Waiting List at March 31st	5	4	6
Total Patient Days	107,427	105,864	104,441
Average Daily Census	294.31	290.05	286.15
	382	257	1,029
Total Days of Stay	46,488	47,299	46,302
Occupancy Rate	80.6%	80.07%	78.32%

Pharmacy:

The Pharmacy Department provides all medication used in Souris Valley Regional Care Centre, the Weyburn Psychiatric Centre and a number of Regional Treatment Centres.

Cost of medication used in the Centre has risen rather drastically from a low of $ .793 per patient day in July/82 to high of $1.29 per patient day in March/83, due largely to inflation.

The Controlled Dose System of medication distribution, a project begun last year has continued throughout the year and there are now only two wards to be converted.

In-Service Education:

The area of staff development remains a worthwhile and challenging field of endeavour in which staff are encouraged and given the opportunity to participate in job-related educational programs. These programs, which are aimed at improving skills, expanding knowledge and increasing job satisfaction, are provided through both "in-house" sessions and through workshops/seminars sponsored by outside agencies.

This past year, 480 employees attended "in-house" staff development sessions, examples of which are — fire safety, ie. lectures and films and employee health, ie. B.S.E. Program and Nutrition Month; while, 157 persons participated in programs offered by other institutions.

Dietary:

During the year a total of 322,388 meals were served to patients in S.V.R.C.C. and 25,132 meals served to patients of the Psychiatric Centre. Cafeteria services were also made available to the staff of S.V.R.C.C. and Psychiatric Centre as well as students and instructors of W.I.A.A.S., the Community College and Sask. Power Training School.

The Dietary Department provided food services for a number of special events during the past year. Included in these were wine and candlelight suppers, two special smorgasbord suppers for all patients, staff retirement teas, lunches for birthday parties, dances and Centre Day.

Personnel Department

Mr. R.F. (Sandy) Sanderson, Director of Personnel

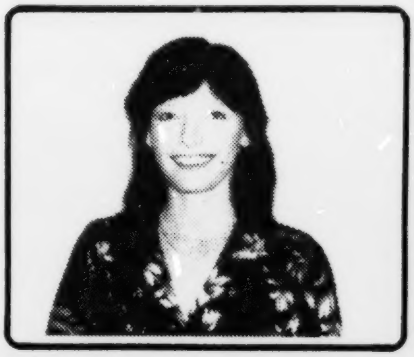
1982 was a busy year for the Personnel Department. In addition to maintaining recruitment and selection, labour relations, salary and benefit administration, we combined with the Finance Department in the implementation of the new computerized payroll-personnel system.

We have also been able to sustain a full complement of staff including professional nurses. The elusive Occupational and Physical Therapists appear to becoming more available with the result we are confident these positions may be filled in the very near future.

Formulated in 1982 and still in the developing stage is a program to promote effective communication within the Centre.

The Complement of authorized positions in the Centre numbered 353 at March 31, 1983. The respective categories:

Department	Position
Nursing	
Buildings and Grounds	
Therapies	
Social Work	
Power House	
Laundry	
Dietary	
Housekeeping	
C.S.R., Pharmacy, Laboratory	
Administration, Personnel, Finance, Medical Purchasing, Motor Service	



Mrs. M. Watson
SUPERVISOR, NURSING EDUCATION

Mrs. C. Regier
CO-ORDINATOR OF VOLUNTEERS

Mrs. C. Kerr
CO-ORDINATOR OF IN-SERVICE EDUCATION

Therapies:

Last year witnessed general increases in all therapy units with the exception of Occupational Therapy. Some noteable accomplishments in 1982-83 were:

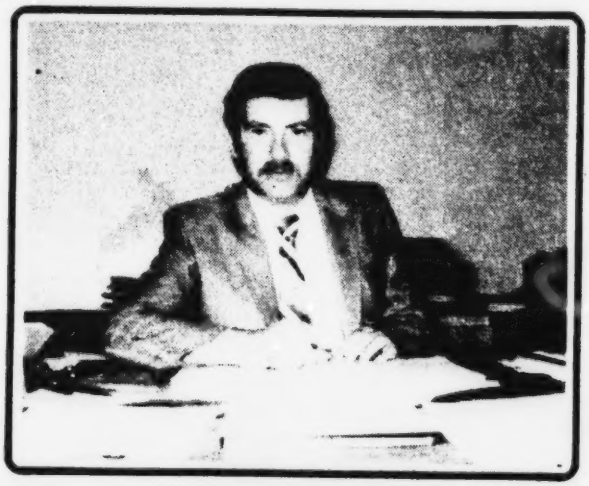
—an increase in Activity Therapy services, which were extended to four out of five nursing units.
—a resurrgence in the paper salvage industry, which helped provide a solid base from which to pay the wages of resident workers.
—Recreational activities increased by 655 sessions over 1981-82.
—Physical Therapy staff attended to 3,197 patient visits.

Mrs. D. Sander
DIETITIAN

Mr. P. Grim
HEAD, PHARMACY SERVICES

Mrs. K. Chapman
C.S.R. NURSE

Buildings and Grounds Department

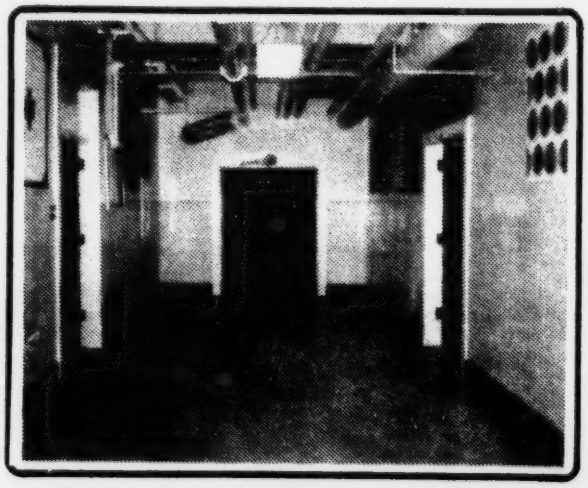


Mr. Jim Legin, Director of Buildings and Grounds

A total of nineteen capital projects were completed in 1982-83. In addition to these projects, the Maintenance Department carried out numerous renovations and repairs to several areas of the Centre. A total of 1,535 repair requisitions were also completed.

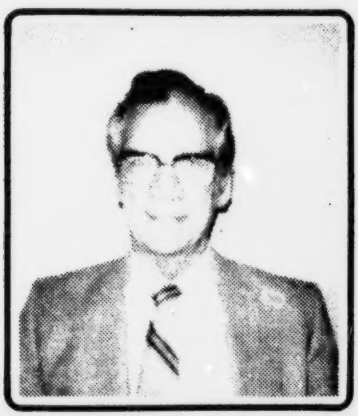
Very significant in the accomplishments of the Maintenance Departments, was the complete renovation to 'A' Floor N.E. Wing and the consequent movement of the entire Maintenance Department to this area. This move was completed shortly before Christmas and has greatly contributed to the ongoing endeavour to upgrade the areas occupied by Souris Valley Regional Care Centre.

Newly Renovated Assembly Hall



New Maintenance Area

Mr. Hank Hartenberger
Nursing Co-ordinator



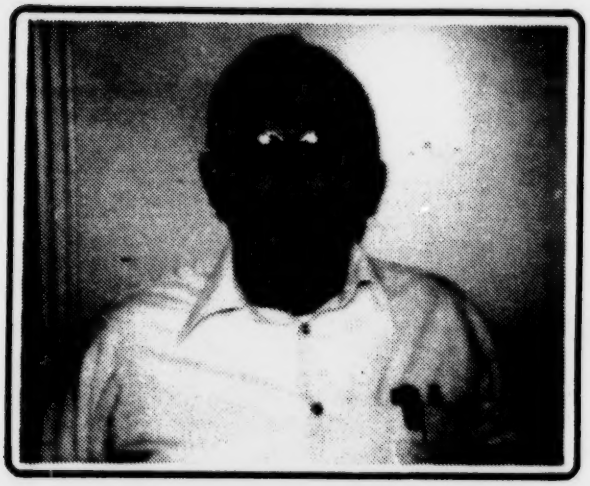
Mr. Keith Paul
Nursing Co-ordinator

The past year witnessed several accomplishments in the never ending challenge to maintain an effective and efficient nursing service. In-roads were made in reducing the number of falls in the Centre, through the implementation of related nursing education programs and other similar actions, including drug reviews and lectures on safe transfer techniques. A program aimed at managing incontinent patients was launched, and plans to deal with pain management and reducing the usage of restraints are well under way.

Quality Assurance Care Plans have been gradually introduced to all nursing care units.

Overall, the Nursing Department has enjoyed an almost full compliment of nurses for most of the year, a factor which has contributed greatly towards the achievements of 1982-83.

Power Plant



Harold Hill, Chief Engineer

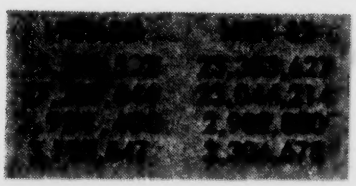
The purpose of the Power Plant, which occupies approximately 12,000 square feet of floor space and employs 15 permanent full time employees, is to provide heat, electrical energy and domestic hot and cold water to the Souris Valley Regional Care Centre, Psychiatric Centre, Community College, South East Regional Library and the Saskatchewan Power Corporation trade training school at Weyburn.

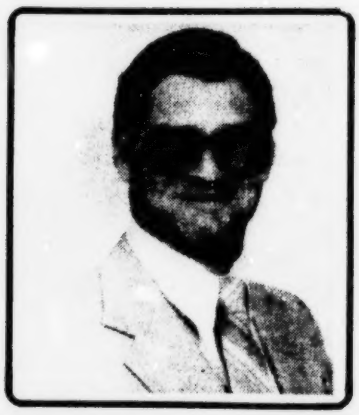
The Plant has sufficient generating capacity to provide power for the entire complex in the event of a Saskatchewan Power Corporation power failure. However, the objective is to provide electrical energy in relation to steam demand for heating. As steam demand increases during cold weather, electrical load in blocks of power is switched from the Saskatchewan Power Corporation to the Power Plant generators, and as demand decreases with higher outside temperatures, the power is switched from Power Plant to Saskatchewan Power Corporation. In this manner, electrical load and steam demand are balanced as much as possible.

It is also the objective to provide these services on a 24 hour basis, with as little or no interruption as possible, and to operate the plant in a safe and efficient manner in accordance with standard operating procedures and practices, Saskatchewan Boiler and Pressure Vessels Act and ASME Pressure Vessels Codes.

Power Plant Statistics

Water Consumption (Imp. Gals.)
Sewage (Imp. Gals.)
Electric Energy Used (KW hrs.)
Fuel Used (Natural Gas—Cubic Meters)





Mr. B.J. McCallion — Executive Director

We have continued in 1982/83 with our emphasis on providing quality patient care. We have also promoted the quality of life of our patients through greater interaction with family, friends and community volunteers; in addition to our own programs in the Centre.

During the past year the following major renovations took place: replacement of 4B entrance stairs; replacement to roofs; handicap access to the public at the front of the building, as well as a handicap fire escape from the Assembly Hall.

Preparations are well underway for our Accreditation survey by the Canadian Council on Hospital Accreditation. We hope the Council will endorse our high standards of care and leadership in the Long Term Care field by again awarding us their highest accreditation status.

New Board of Governors appointments took place this year and the Centre was transferred under the jurisdiction of the Department of Health, to promote the co-ordination of services in the Health-Care field.

We look forward in 1983/84 to continue serving the people of southeastern Saskatchewan.

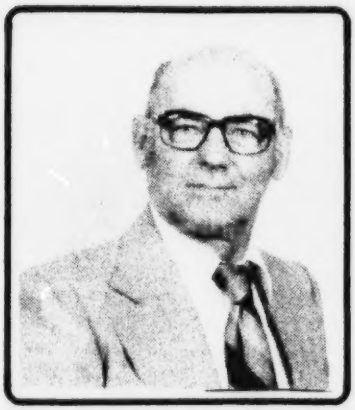
Special Occasions Are Remembered For Residents and Staff

The Annual Sports Day is fun for all.

Teas are held to bid farewell to retiring staff.

Achievement is always acknowledged.

Members of the Governing Board 1982-83



Mr. C.R. Goranson
Chairman To Nov. 30/82
Rural Weyburn

Mr. K. Melby
Vice-Chairman
Radville
Acting Chairman, Nov. 30/82-Mar. 31/83

Mr. S. Beggs
Weyburn

Mr. D. Knight
Estevan

Mrs. L. W. Kerr
Carievale

Mr. J. Ward
Frobisher

EXECUTIVE COMMITTEE
Mr. C. R. Goranson
Mr. K. Melby
Mr. B. Hebb

Mr. B. J. McCallion
Executive Director

PICTURE MISSING:
Mr. B. Hebb,
Regina
Mr. H. Crossman,
Stoughton

Board Members Appointed Effective April 1, 1983

Mrs. Mildred Lang, Chairwoman, Stoughton, Sask.; Mrs. Beatrice Nixon, Weyburn, Sask.; Mr. Lloyd Bell, Carlyle, Sask.; Mr. David Peterson, Yellow Grass, Sask.; Mrs. Brenda Bakken, Weyburn, Sask.; Mr. John Pick, Macoun, Sask.

CANADIAN COUNCIL ON HOSPITAL ACCREDITATION
CONSEIL CANADIEN D'AGRÉMENT DES HÔPITAUX

certifies that *atteste que*

Souris Valley Extended Care Hospital
Weyburn, Saskatchewan

has been surveyed by representatives of the

CANADIAN COUNCIL ON HOSPITAL ACCREDITATION

and having met the Standards for quality of care set by Council, has been awarded the status of

Accreditation

This status has been achieved through the combined efforts of the Governing Body and Management, Professional and Supporting Staffs with voluntary assistance from the residents of the community.

a reçu la visite d'évaluation des représentants du

CONSEIL CANADIEN D'AGRÉMENT DES HÔPITAUX

et ayant satisfait aux normes de qualité de soins établies par le Conseil, s'est mérité le statut

d'Agrément

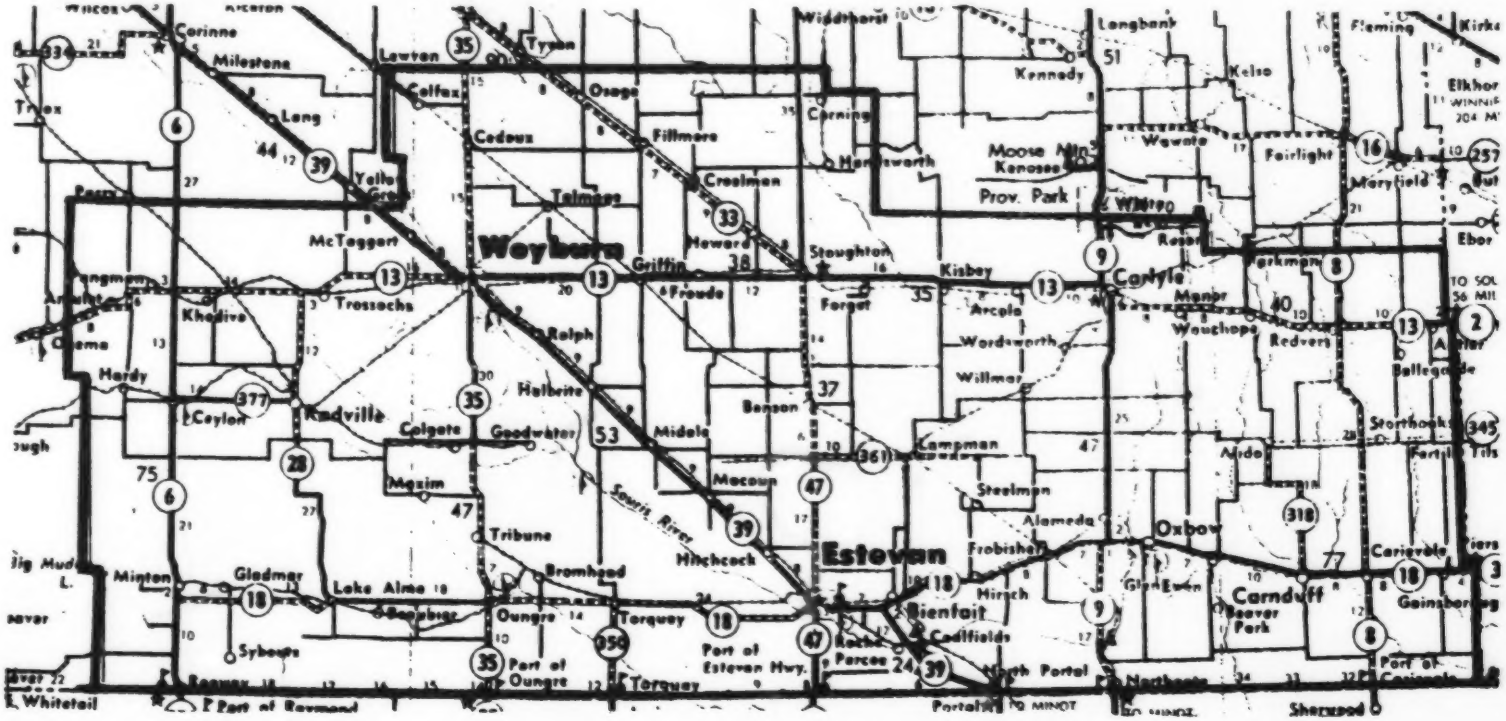
Ce statut a été mérité grâce au travail de coopération du Conseil d'administration et de la direction, du personnel professionnel et du personnel de soutien, avec l'assistance bénévole des résidents de la communauté.

August 27, 1980

Chairman–Président

Executive Director–Directeur général

Area Served by:
SOURIS VALLEY REGIONAL CARE CENTRE



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POOR

QUALITY

ORIGINAL